

A Brief Review Of 2022 To Date

We are now a third of the way through the year so it's worth reflecting on the many achievements of club members. For a small club, we really can deliver some "noc-out" performances! Here's a brief review of how the club's been doing from elite to newcomer.

National Event Participation:

Richard Robinson has racked-up several successes with wins at the East Midlands Championships, CompassSport Trophy, British Orienteering Championships, the JK Middle and the JK Long amongst others. Indeed, looking at the results data on the BOF website, of the 14 events Richard has entered since the beginning of the year, he has won 6 and been second or third in another six, finishing no lower than 6th in the remaining events. An impressive set of performances that justifies his current position of 33rd in the national BOF ranking.

The Squire family has also been on the winning path with Ant earning wins at the CompassSport Trophy, British Middle Championships and at the JK Sprint. Ben has also been flying the flag with wins at the Midland Championships, Big Weekend Urban event in January, the CompassSport Trophy event in February and at the British Middle Championships.

It's also very satisfying to see our own coach, Hilary Palmer, practicing what she teaches with a string of high-level successes. Hilary secured wins at the CompassSport Trophy, British Middle Championship, JK Sprint and the JK Long, as well as podium finishes at a couple of other events too. Indeed, it's really nice to report that Hilary was recently awarded the prestigious Silva Award for 'field' services to Orienteering, a richly deserved accolade. See the [British Orienteering article published on 20th April following this link](#).

Many other members have been recording very creditable results at various events, including Mick Lucking at the CompassSport Trophy and Michael Napier who won at the East Midlands Championships.



NOC Medallists at the JK 2022 (l to r):
Richard Robinson, Ben Squire,
Ant Squire, Hilary Palmer.

Regional and Local Participation:

The East Midlands League (EML) remains perhaps the main competition for all orienteers to participate in, no matter what age or ability. Courses are provided from White to Brown at each event and represent a good way to benchmark your skills against others across the region.

After just four of the thirteen qualifying events, the current league positions for NOC members are as follows:

Course / Category	Name	Age Class	Current Position	Events attended
White - Female	Grace Robinson	W10	1st	2
Short Green - Male	John Palmer	M75	5th	3
Short Green - Male	John Woodall	M80	10th	3
Short Green - Male	David Booker	M65	16th	2
Short Green - Male	John Pickles	M70	18th	2
Short Green - Female	Elaine Smith	W65	4th	3
Short Green - Female	Tricia Neal	W75	10th	3
Short Green - Female	Jane Booker	W65	12th	2
Green - Male	Paul Morris	M65	1st	3
Green - Male	Peter Cholerton	M65	5th	3
Green - Female	Wendy Foster	W60	6th	3
Blue - Male	Andrew Ridgway	M60	1st	3
Blue - Male	Steve Schofield	M55	7th	2

Competitors need to have completed at least two level C / Regional events in order to appear in the league table and entry is automatic.

Final league positions will be made-up of your best eight event results. Points are also age adjusted so the league provides an opportunity for all to take part and be competitive. If you haven't taken part in the EML before, give it a try – it's very motivational! See more details on [the EMOA website](#).

The next EML events in May will be Bramcote Hills (NOC) on 8th May and Black Rocks (DVO) on 15th May.

Keep a look-out too for the [East Midlands Urban League](#) events. The next scheduled events for this competition are 10th July at Retford (this NOC event has been upgraded to Level C and so now forms part of the EMUL – see the Fixtures area on the NOC web site) and 31st July at Belper. In the meantime, the [BOF site](#) provides details of all orienteering events and activities coming-up in the future.

It's good to see many of our newer members participating in events regularly. Those who have been orienteering for a while always say that there is no substitute for experience. To help accelerate that experience, keep a look out for future coaching sessions where Hilary will be sharing some useful tips and tricks. You can then practise them during one of the un-timed activity sessions provided by the [Bassetlaw Group](#). This is a really cost effective and friendly environment to try out new skills and concepts.

On other matters, all the preparatory work has been completed for the installation of a new Permanent Orienteering Course at Ollerton Pit Wood. Many thanks to Robert Parkinson and David Olivant for delivering this. NOC are now working with Newark & Sherwood Council on a formal opening of the course sometime in June. Keep a look out for that, it's a great area for orienteering.

Finally, with several NOC events and activities still to be delivered in 2022, why not consider volunteering at a few? It's a really good opportunity to get to know the more experienced members who are often happy to share thoughts and provide feedback to newcomer and intermediate orienteers.

Wishing all NOC members good luck for your summer orienteering experiences!